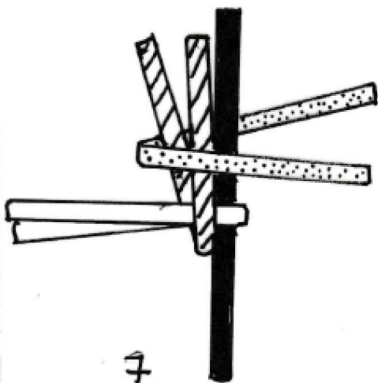
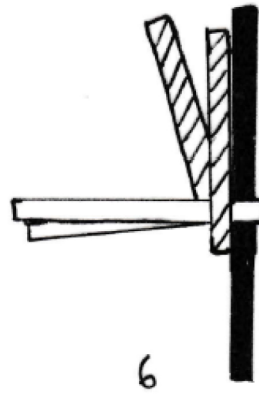
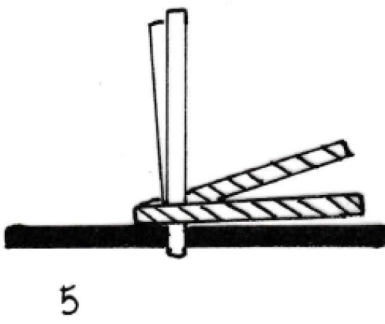
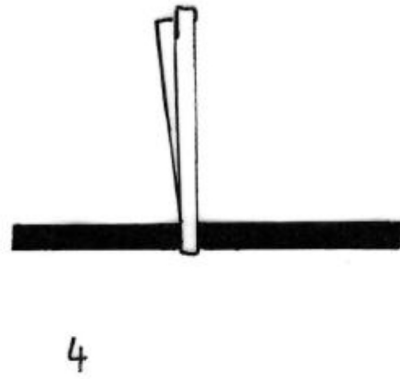
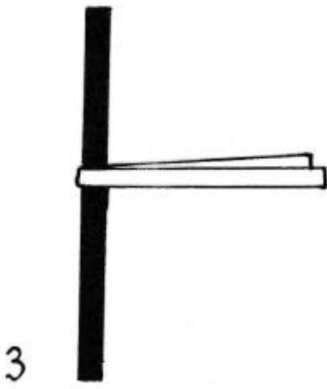
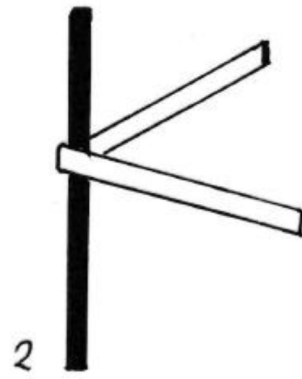
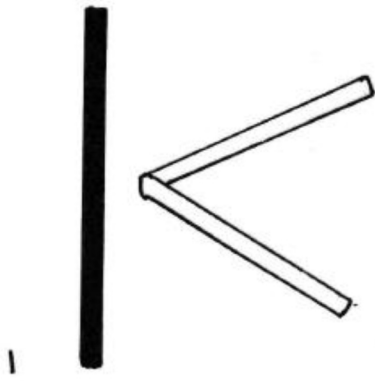


# Step by Step Instructions for Making a St Brigid's Cross



## INSTRUCTIONS

1. Hold the rush in your left hand in a vertical position. Hold a second rush in your right hand and pinch slightly in the centre or half way with you thumb.
2. Fold 2<sup>nd</sup> rush over the first and bend it around.
3. Bend it fully and straighten, keeping both sides of the rush in line with each other – hold tightly to keep in order.
4. Hold the centre of the cross with the thumb and forefinger of your left hand and rotate the cross 90° to the left (counter-clockwise).
5. Take a third rush in your right hand, again pinch it about halfway along and then fold it around the 2<sup>nd</sup> rush.
6. Rotate your cross 90° again in the same direction, while holding the centre of your cross tightly.
7. Take a fourth rush in you right hand, pinch in the middle and fold around the 3rd and 1st rush. This placement creates the fourth arm on your St. Brigid's Cross.
8. Continue this process, adding additional rushes by pinching and folding the new rush, then rotating the cross 90° to the left.
9. Finally, when you have added 16 rushes you can tie the ends of each arm with string or elastic bands. Then trim the ends of each arm using a scissors and you beautiful St. Brigid's Cross if complete!